



## **Nasturtium officinale**

### **Watercress**

#### General

1. Perennial forb growing to 0.5m

#### Geography and Habitat

1. Native: Europe, western Asia, and North Africa
2. Habitat
  - Prefer lotic environments (streams, ditches, flushes), capable of growing in water
  - Intolerant of shade, requires wet soil



Robert H. Mohlenbrock. USDA NRCS. 1995. Northeast wetland flora: Field office guide to plant species. Northeast National Technical Center, Chester. Courtesy of USDA NRCS Wetland Science Institute

#### Invasion Pathways

1. Likely intentional introduction for cultivation

#### Sources

1. <http://www.pfaf.org/user/Plant.aspx?LatinName=Nasturtium+officinale>
2. <http://nrs.fs.fed.us/data/il/ilpin/spp/?spp=1987>
3. <http://plants.usda.gov/java/profile?symbol=NAOF>
4. [http://www.efloras.org/florataxon.aspx?flora\\_id=1&taxon\\_id=200009627](http://www.efloras.org/florataxon.aspx?flora_id=1&taxon_id=200009627)